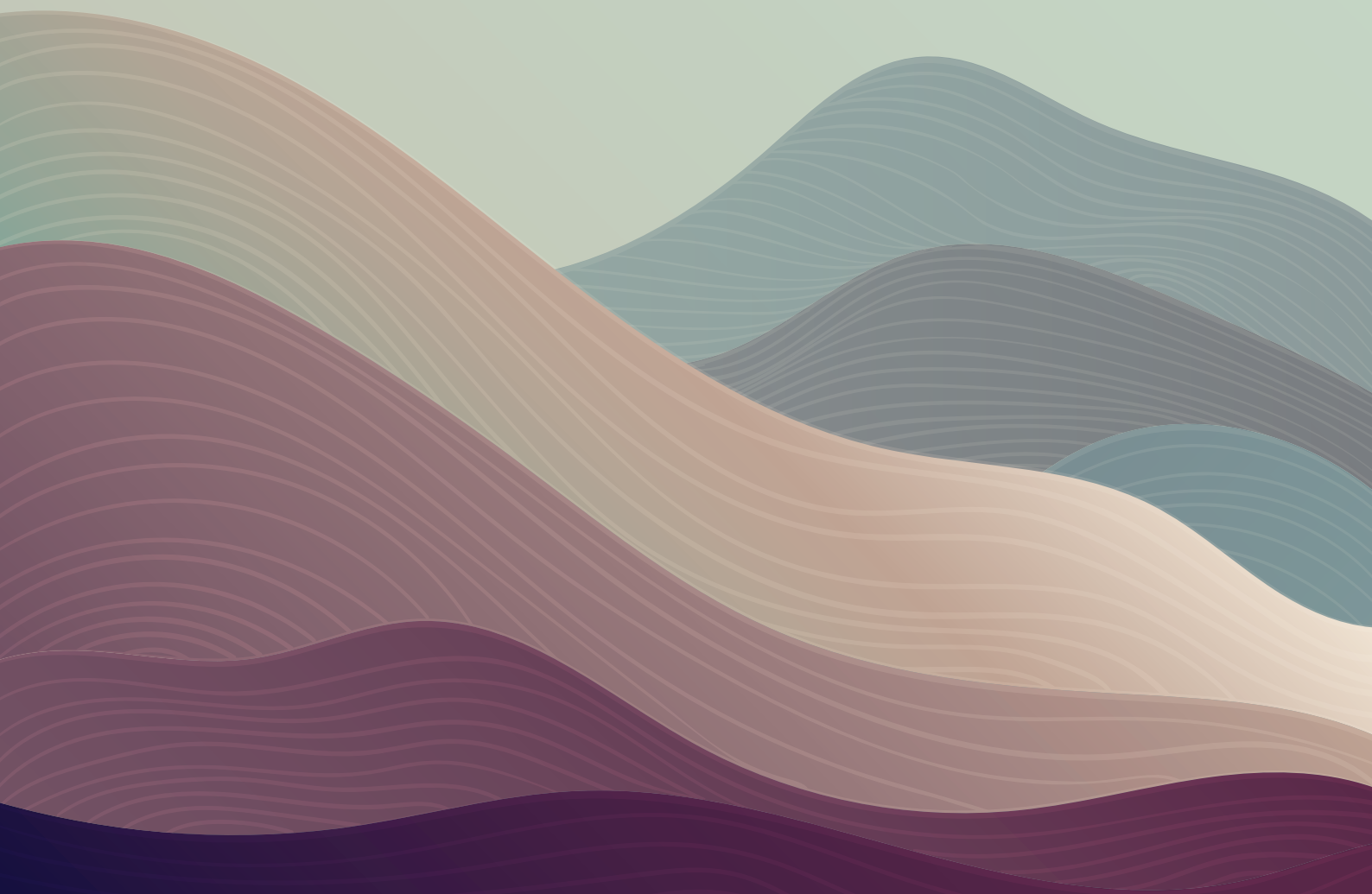
LIVING WILL FOR SANGHA



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LIVING WILL FOR SANGHA

To my family members and Dharma friends

I, the undersigned, (Sangha Name), _____ have been fortunate to have taken refuge in the Triple Gem, learned the precious Dharma and chosen a life that focuses entirely on the Dharma as a Sangha. Understanding the impermanence of life, I have prepared this Living Will. If I am in a terminal condition, or during the last critical period of my life, this document states my final wishes clearly and shall act as a directive for all. I sincerely request for your loving assistance to help me in accomplishing these wishes. In this way, I will be able to remain peaceful and mindful to prepare for my death and rebirth in (Please tick the appropriate ☑):

- ☐ Western Pureland (Amitabha Buddha)
- ☐ Tushita Heavens (Maitreya Bodhisattva)
- ☐ Eastern Realm of Pure Lapis Lazuli (Medicine Buddha)
- ☐ Better human rebirth
- ☐ Others: _____

* *Please delete the appropriate.*

My Final Wish:
To depart from this world according to Buddhist practice

1 In the event that a medical doctor has diagnosed that I am suffering from a terminal illness and if I should become unconscious or incapable of exercising rational judgment so that I am unable to communicate my wishes, I wish to state here that I do not wish for any extraordinary life-sustaining treatment (cardiopulmonary resuscitation, tube feeding, mechanical ventilation, etc.) to be applied or given to me. I ask that I be permitted to die naturally with only the administration of treatments deemed necessary for comfort care or pain alleviation. If I have less than 3 months to live, please allow me to remain at my vihara/hospice*, as a calm and peaceful environment will be conducive for me to practice and get ready for my departure.

2 If conditions allow, for the period of 24 hours prior to my departure (last breath), and 8 to 12 hours after my departure, please adhere to the following (Please tick the appropriate ☑):

- ☐ Do not force feed;
- ☐ Do not touch and move my body and/or the bed;
- ☐ Do not clean my body or change my clothing;
- ☐ Do not cry or talk in the room;
- ☐ Keep my body away from draughts and winds;
- ☐ Others: _____

** Please delete the appropriate.*

3 Please contact the following Venerables to assist me with my choice of Buddhist chanting. Kindly give them your assistance and follow their instructions (Please tick the appropriate ☑):

- ☐ Venerable 1: _____
  Contact No: _____
- ☐ Venerable 2: _____
  Contact No: _____
- ☐ Any Venerables
- ☐ No need for chanting

4 If conditions allow, please continue with the Buddhist chanting of my choice up to 8 hours after I exhale my last breath, after which a medical doctor may be called in to certify my death and contact the following persons to handle my funeral matters (Please tick the appropriate ☑):

- ☐ Name of Person: _____
  Contact No: _____
- ☐ Funeral service provider: _____
  Contact No: _____
- ☐ Any funeral service provider

** Please delete the appropriate.*

5 After cleaning my body, please dress me in (Please tick the appropriate ☑):

☐ Hai Qing

☐ Other attire: _____

☐ My casket should be sealed as there is no need for my body to be viewed. Hence, do not embalm my body (using chemical injections, cosmetics, etc.).

☐ My casket would be kept open for the body to be viewed. Hence please proceed with the embalming of my body.

6 The funeral wake should be held at (Please tick the appropriate ☑):

Address: _____

No. of days: ☐ 1 ☐ 3 ☐ 5 ☐ Others: _____

Recitation:

☐ Recitation of Buddha's name
☐ Ksitigarbha Sutra
☐ The Medicine Buddha Sutra
☐ Metta Sutta
☐ Mangala Sutta
☐ Abhidhamma Chanting
☐ Amitabha Sutra
☐ Sutra on Maitreya's Descent
☐ The King of Aspiration Prayer
☐ Ratana Sutta
☐ Amitabha Mantra
☐ Guru Rinpoche Mantra
☐ Six Syllable Mantra
☐ Others: _____

Obituary: ☐ No ☐ Yes, The Straits Times/Lianhe Zaobao*

☐ Yes, Others: _____

* *Please delete the appropriate.*

7 All funeral arrangements should adhere to Buddhist practices. They should be kept simple and proper Buddhist etiquette should be observed. Serve only vegetarian food throughout the period of the funeral wake. I do not wish for any killing to be associated with my death. There is also no need to burn incense paper and paper gifts. Instead, perform more meritorious deeds and sincerely continue with the Buddhist chanting to aid my rebirth without hindrance.

8 The cremation is to be held at (Please tick the appropriate ☑):

- ☐ Mandai Crematorium
- ☐ Kong Meng San Phor Kark See Monastery
- ☐ Tse Tho Aum Temple
- ☐ No preference

9 Please make the following arrangements for the handling of my ashes (Please tick the appropriate ☑):

- ☐ Sea burial
- ☐ Inland ash scattering @ Garden of Peace, Choa Chu Kang Cemetery Complex
- ☐ Preferred columbarium: _____

10 Please make the following arrangements for the first 49 days (Please tick the appropriate ☑):

- ☐ 49-day enshrinement at: _____
- ☐ Tablet to be erected at: _____
- ☐ Do not arrange for 49-day enshrinement
- ☐ Do not erect any tablet

During this period of 49 days following my departure, please continue to participate in Buddhist practices including, Buddhist chantings, making offerings to the Triple Gem, adopting a vegetarian diet, observance of Eight Precepts, donating to charitable causes, animal liberation, etc. and dedicate the merits to me.

** Please delete the appropriate.*

11 After the funeral, please help me deal with the following matters as I wish (Please tick the appropriate ☑):

a) Renunciation Certificate/Ordination Certificate*

☐ Incinerate

☐ Handover all to Dharma friend/family member*;

Name: _____ Contact No.: _____

b) Sangha Robes

☐ Incinerate

☐ Handover all to Dharma friend/family member*;

Name: _____ Contact No.: _____

☐ Deposit into Recycling Bin

☐ Others: _____

c) Buddhist statues and other religious objects

☐ Handover all to Dharma friend/family members*

Name: _____ Contact No.: _____

☐ Handover all to Buddhist organisation

Name of Organisation: _____

Contact No.: _____

☐ Process according to the following categories:

i) _____

ii) _____

iii) _____

iv) _____

v) _____

☐ Others: _____

_____

** Please delete the appropriate.*

12 Please honour my wishes accordingly as specified in the following documents (Please tick the appropriate ☑):

- ☐ Will
- ☐ Lasting Power of Attorney (LPA)
- ☐ Advance Medical Directive (AMD)
- ☐ Advance Care Planning (ACP)
- ☐ Organ Donation Pledge
- ☐ Objection to Organ Removal

13 I have set aside a budget of S$ _____ to be used for my funeral arrangement as stated above. At the end of the funeral, any surplus shall be donated to (Please tick the appropriate ☑):

- ☐ Name of charitable organisation: _____
- ☐ Any charitable organisation
- ☐ Others: _____

_____

_____

14 My other final wishes:

_____

_____

_____

_____

_____

_____

_____

_____

** Please delete the appropriate.*

Undersigned: I am grateful to all for respecting my wishes and for helping me fulfill the greatest aspiration of my life! I hope that you will always follow the Buddha Dharma and be diligent in your practice and gain final liberation.

Sangha Name: _____ NRIC Name: _____ NRIC No: ☐☐☐☐ (Last 4 characters e.g. 123A)	_____ Signature of Undersigned/Date

Witness: I declare that the undersigned who signed this document did so in my presence, and that he/she appears to be of sound mind and free of duress or undue influence.

NRIC Name: _____ NRIC No: ☐☐☐☐ (Last 4 characters e.g. 123A)	_____ Signature of Witness/Date

Executor: By signing this document, I promise that I will fulfill the wishes of the undersigned as stated in this Living Will.

NRIC Name: _____ NRIC No: ☐☐☐☐ (Last 4 characters e.g. 123A) Designation: _____	_____ Signature of Executor/Date

This Sangha Living Will was facilitated by

NRIC Name: _____

NRIC No: ☐☐☐☐ (Last 4 characters e.g. 123A) On Date: _____

** Please delete the appropriate.*



阿兰若护僧团

Aranya Sangha Dana Fellowship Limited

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